



Dying with Confidence: A Tibetan Buddhist Guide to Preparing for Death

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Anyen Rinpoche's wise and reassuring voice guides readers through the Tibetan Buddhist teachings on death and dying, while providing practical tools for end-of-life and estate planning. *Dying with Confidence* reads like a remarkable how-to guide, laying out in clear and straightforward language the preparations we must make and the best practices to use while dying to further our goal of enlightenment.

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