



An Asperger Leader's Guide to Living and Leading Change (Asperger's Employment Skills Guides)

Rosalind Bergemann

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People with Asperger Syndrome (AS) often struggle with change and this is magnified when it is part of their professional role to manage and lead change. Written by a business leader with Asperger Syndrome, this practical guide provides advice and strategies for coping with and implementing change in the workplace.

Combining theory and practice with case studies and hands-on tools, the book aims to help those who find change particularly difficult to overcome these challenges and use their unique talents and skills to become change champions in the workplace. The book explores the change management life cycle and how it affects leaders with AS and teaches key skills for successfully leading change, preparing staff for change, and dealing with the effects of change on the organisation as a whole.

This is a vital leadership development handbook for executive-level business professionals with Asperger Syndrome as well as those who aspire to careers in these roles.



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