



Alone Together: Making an Asperger Marriage Work

Katrin Bentley

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Communication is one of the biggest challenges faced by people with Asperger's Syndrome (AS), yet an Asperger marriage requires communication more than any other relationship. Thousands of people live in Asperger marriages without knowing the answers to important questions such as 'What behaviours indicate that my spouse has AS?' 'Is it worthwhile to get a diagnosis?' 'Is there hope for improvement?'

Katrin Bentley has been married for 18 years. Since receiving her husband's diagnosis of AS, their marriage has improved substantially. They learnt to accept each other's different approaches to life and found ways to overcome problems and misunderstandings. Today they are happily married and able to communicate effectively.

Alone Together shares the struggle of one couple to rescue their marriage. It is uplifting and humorous, and includes plenty of tips to making an Asperger marriage succeed. This book offers couples hope, encouragement and strategies for their own marriages.



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