



## The Vegan Sourcebook (Sourcebooks)

*Joanne Stepaniak*

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Increasing numbers of people--including actress Drew Barrymore, pop star Moby, and actor Alec Baldwin--are embracing veganism, a lifestyle that entails avoiding all animal-based products and behaving ethically and conscientiously within our surroundings. In *The Vegan Sourcebook*, long-time activist Joanne Stepaniak further explores and illuminates the principles and practical aspects of compassionate living.

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