



## How to Becoming a Vegetarian ?

*Haytham Al Fiqi*

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## **How to Becoming a Vegetarian ?** Haytham Al Fiqi

When you are learning the ropes of your new lifestyle of being a vegetarian, every aspect of life will be affected. From work to home life to eating out, you have to have a strategy for how to maintain your vegetarian discipline and still enjoy these different situations of life that are important to you. One of the situations we all find ourselves in, albeit perhaps infrequently, is when you are a house guest of a friend or relative. In that situation, you are going to find yourself under the hospitality perhaps of a person who is not a vegetarian. So you have to find a way to keep your diet healthy and proper and still be a good house guest.

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