



Traditional Irish Cooking: The Fare of Old Ireland and Its History

Andy Gravette, Debbie Cook

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Traditional Irish Cooking is not just an ordinary book of recipes, but also gives an insight into the Irish way of life. Containing around 100 recipes and 21 sauce recipes, it includes both traditional and classic dishes, as well as several ‘nouvelle Irish cuisine’ recipes, endeavoring to combine the best of local ingredients in a more exotic and imaginative manner than that of classic country cuisine. Each of these recipes is accompanied by an anecdote to give the reader a flavor of Irish life: vivid descriptions of unfamiliar ingredients; quotes on food; restaurant and pub descriptions; local points of interest connected with food; short literary extracts; potted biographies of well-known Irish characters; and details on stout, porter, ale cider and whiskey. This incredibly comprehensive and informative book will appeal to every reader, from the vegetarian to the most avid carnivore, and from the casual snack-maker to the professional chef, with most being quick, easy and simple to prepare, and each recipe having a step-by-step guide to preparation.



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